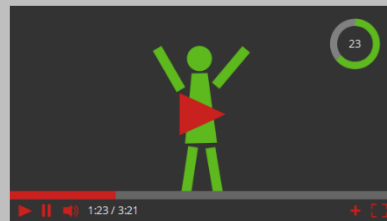


7-Minuten-Training

1.

7 Minute Workout Song (w/timer) | Tabata Songs

<https://www.youtube.com/watch?v=mmq5zZfmlws>



2.

„7 Minute Workout Music & Timer – w/Italo Naibo“

https://www.youtube.com/watch?v=Q_Rox_zOcM4



3.

7 Minute Workout Song (ROCKY MIX) w/timer

https://www.youtube.com/watch?v=iGZUw_fn0X0

